



## SUFFOLK CENTRE

### TIPS AND IDEAS



(Researched and written by Chris Sanderson)



**Fuel consumption tips** - Motorists who are concerned with the price of petrol after recent price hikes can take steps to improve the fuel consumption of their vehicles, the Institute of Advanced Motorists (IAM) notes. In news that may be of interest to car insurance customers and other motorists, the organisation suggests that road users can gain the environmental benefits of advanced driving by lifting their foot off the accelerator earlier when approaching traffic lights. This, it is noted, will reduce the need to brake as the vehicle will have already lost some momentum. Furthermore, fuel-efficient driving can be carried out by accelerating smartly to a safe cruising speed and then taking the highest gear, the organisation suggests. In conclusion, the IAM notes that the longer motorists are able to travel without braking, the more their vehicle will make use of built-up momentum and not excessively use up fuel.